

SHOP 24B:
PALM GROVE CENTER

Main Studio

SAT

9:30 - 10:15 TUMBLING GRADE 3+ P&L

THU

16:00 - 16:45 MODERN GRADE 4 L
 16:45 - 17:30 ACRO GRADE 4A L
 17:30 - 18:15 MODERN GRADE 4 & PJ L
 18:15 - 19:00 ACRO PRE-JNR L

WED

16:00 - 17:30 ACRO GRADE 4B L
 17:30 - 19:00 ACRO JNR L
 19:00 - 19:45 TUMBLING JNR+ P&L
 19:45 - 20:30 ACRO SNR L

TUE

13:45 - 15:15 ACRO GRADE 1 L
 15:15 - 16:45 ACRO GRADE 2A L
 16:45 - 18:15 ACRO GRADE 3 L
 18:15 - 19:00 ACRO SNR L
 19:00 - 19:45 MODERN SNR L&M

MON

15:45 - 16:30 ACRO GRADE 4A L
 16:30 - 17:15 BODY CON ALL LEVELS L
 17:15 - 18:00 ACRO PRE-JNR L
 18:00 - 18:45 MODERN PRE-JNR L

AGS CHURCH
DURBANVILLE
ST JOHN RD, VERGESIG

Studio 2

FRI

14:30 - 15:15 BALLET JNR M
 15:15 - 16:00 BALLET POINT M
 16:00 - 16:45 BALLET SNR M

THU

15:15 - 16:00 MODERN GRADE 1 & 2 M
 16:00 - 16:45 MODERN GRADE 3 M

WED

13:45 - 14:15 ACRO PRE PRIMARY K
 14:15 - 15:00 ACRO PRIMARY K
 15:45 - 17:15 ACRO GRADE 2B K
 17:15 - 18:00 BALLET SNR M
 18:00 - 18:45 MODERN SNR M

TUE

16:30 - 18:00 BALLET GRADE 2&3 M

MON

14:15 - 14:45 BALLET PRE-PRIMARY M
 15:15 - 16:45 BALLET GRADE 1 M
 17:30 - 18:15 BALLET JNR M
 18:15 - 19:00 MODERN JNR M
 19:00 - 19:45 MODERN JNR L

FROM JANUARY - 2025